



# Occupational Therapy in Mount Prospect

Welcome to In2Great Therapy, your trusted source for **occupational therapy in Mount Prospect**. We are committed to helping you reach your full potential.



# About In2Great Therapy

## Experienced Therapists

Our team of licensed and certified occupational therapists has extensive experience in a variety of settings.

## Personalized Care

We take a personalized approach to treatment, tailoring each plan to meet your unique needs and goals.

## Client-Centric Approach

We believe in empowering our clients to take an active role in their recovery and rehabilitation journey.





# What is Occupational Therapy?

Occupational therapy is a type of therapy that helps people participate in the activities of daily living that are important to them.





# Benefits of Occupational Therapy

1

## Improved Independence

Occupational therapy can help you regain independence and confidence in performing everyday tasks.

2

## Enhanced Function

It can improve your physical, cognitive, and emotional well-being, allowing you to live a more fulfilling life.

3

## Increased Participation

You can enjoy a higher quality of life by participating in meaningful activities that bring you joy and purpose.

# Common Conditions Treated

## Neurological Conditions

Stroke, brain injury, spinal cord injury, Parkinson's disease, multiple sclerosis.

## Musculoskeletal Conditions

Arthritis, fractures, joint replacements, chronic pain, carpal tunnel syndrome.

## Developmental Conditions

Autism spectrum disorder, cerebral palsy, Down syndrome, developmental delays, learning disabilities.

## Mental Health Conditions

Anxiety, depression, stress, post-traumatic stress disorder, addiction.





# Treatment Approach

1

## Assessment

We begin with a comprehensive evaluation to understand your needs and goals.

2

## Goal Setting

We work together to establish realistic and achievable goals for your recovery.

3

## Treatment Plan

We develop a personalized treatment plan that addresses your specific challenges.

4

## Rehabilitation

We provide hands-on therapy, adaptive equipment, and other interventions to support your progress.

5

## Evaluation

We regularly monitor your progress and adjust your treatment plan as needed.

# Evaluation Process

1

## Interview

We'll discuss your medical history, current symptoms, and desired outcomes.

2

## Physical Examination

We'll assess your range of motion, strength, coordination, and other physical abilities.

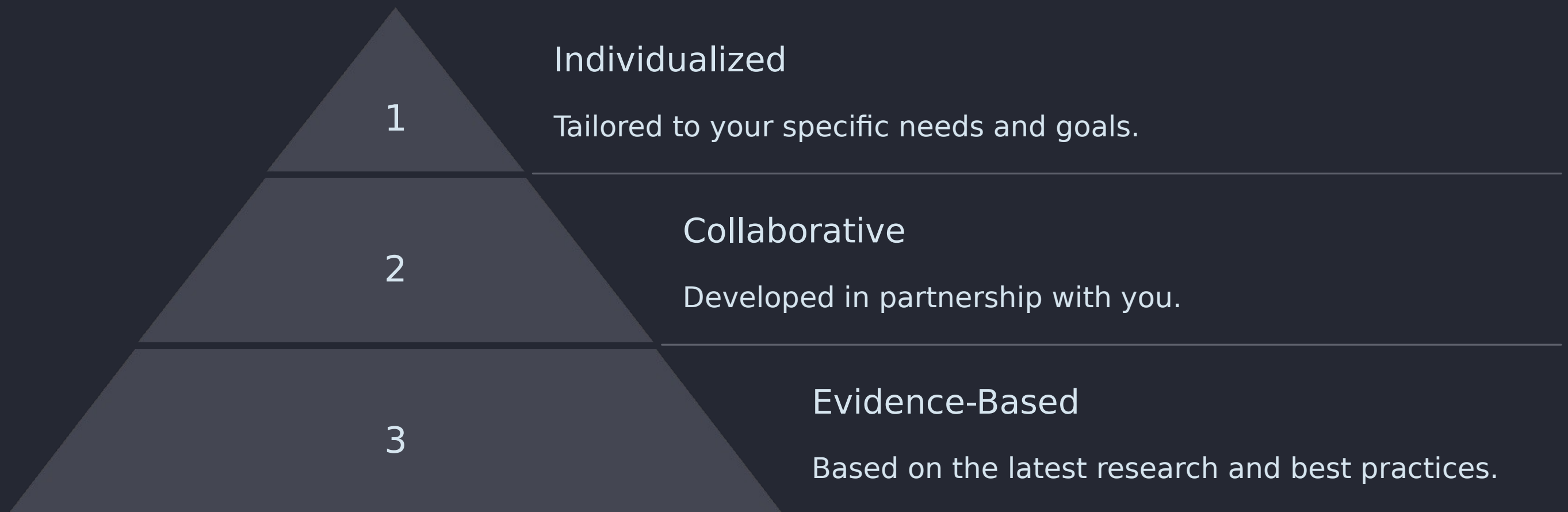
3

## Functional Testing

We'll observe your performance in everyday tasks to identify areas for improvement.



# Personalized Treatment Plans





# Collaboration with Patients

1

## Active Participation

We encourage your active participation in the treatment process.

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2

## Open Communication

We maintain open and honest communication throughout your journey.

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3

## Empowerment

We empower you to take control of your health and well-being.



# Contact Us

Call us at 847-297-7777 or visit our website at <https://in2greattherapy.com> to schedule your appointment.

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